



RESTORING THE VALUE OF LIFE

22KILL creates a community that raises awareness and combats suicide by empowering veterans, first responders, and their families through traditional and non-traditional therapies.



Traditional Mental Health

Culturally-competent, licensed mental health professionals provide evidence-based counseling in a safe and comfortable off-the-grid environment.



Non-Traditional Wellness Activities

A variety of recreational activities provide an atmosphere of camaraderie and healing. Activities include indoor and outdoor group and individual accomplishments.




Peer Workshops

Peer-led, conversation-based workshops provide a safe and familiar setting to openly talk about experiences and common mindsets. Provides an ideal setting for shared healing.

THE ORGANIZATION TRANSFORMING MENTAL WELLNESS FOR VETERANS AND FIRST RESPONDERS




Stay the Course




22KILL's flagship mental wellness program provides culturally-competent licensed counseling services for veterans, first responders, and their families at little or no cost. Reports show that after at least six counseling sessions, our clients report 40% fewer post traumatic stress symptoms such as anxiety and depression.

Tribal Council




A peer-to-peer group meeting for veterans and first responders in a open-forum setting closed to the public. Participants enjoy a safe and familiar atmosphere to share and find commonalities in perspectives and experiences.

Wind Therapy




A non-traditional program that provides the spirit of camaraderie and belonging often missed by veterans and first responders, these participants learn to focus on the road ahead by learning to ride a motorcycle, joining group rides, learning motorcycle maintenance, and other engaging activities.

Forge



Recreational activities are at the core of this non-traditional program that often takes participants out of their comfort zones to grow and heal through indoor and outdoor accomplishments.

We Are The Children of Heroes (WATCH)



WATCH provides hope, empowerment, and new happy memories for the children of America's fallen heroes. We aim to lessen further trauma by showing them that they are not alone in their grief and connect them to others who are dealing with the same life challenges.